



# **RUNNER'S PACKET**



# SCHEDULE

**Friday, November 25<sup>th</sup>**

TIME	ACTIVITY	LOCATION
<b>2:30 – 4:30pm</b>	Early Race Bag Pick-Up	<b>Parks &amp; Rec Office</b> <i>City Hall, 1<sup>st</sup> Floor</i> <i>(30 W. Central St., CF)</i>

**Saturday, November 26<sup>th</sup>**

TIME	ACTIVITY	LOCATION
<b>2:45 – 3:45 PM</b>	Check-In/Race Bag Pick-Up	Marshall Park Warming Shelter
<b>3:50 PM</b>	All Participants at Start Line	Irvine Park near Welcome Center/Main Pavilion
<b>4:00 PM</b>	Race Starts!	5K runner's @ front 1 Mile walkers, pets @ back
<b>5:00 PM</b>	Village Open to Vehicles	Christmas Village opens for vehicles to drive through

# PARKING

**Parking Location:** Marshall Park Lot (near outdoor pool), accessible parking available upon need.

**Please follow the instructions of the Parking Volunteers when you arrive at Marshall Park.**

**Please note: There is no parking along Bridgewater Ave. This is a high use road, and for safety concerns, exceptions to parking restrictions will not be made.**

# RESTROOMS/FACILITIES

**Restrooms:** Marshall Park Warming Shelter & Irvine Park Welcome Center

**Water Station:** Located about 2 miles into race and in Irvine Park Welcome Center

**First Aid:** Located near Start/Finish line of race course



# CHECK-IN/REGISTRATION

**Check-In/Registration: Begins at 2:45pm at the Marshall Park Warming Shelter**

- There will be two lines for check-in, please be in the appropriate line:
  - Pre-registered runners and walkers
  - Day-of Registrations
- All participants will need to sign the race waiver – **YOU MAY ONLY CHECK-IN YOURSELF.**
  - All pre-registered participants will receive a goody bag & race shirt at check-in.
- Same-day registration will be available for people who still need to sign up.
  - \$30/person
  - **Race shirts will NOT be guaranteed for same-day registrations**
  - **Participants that registered After Nov 13<sup>th</sup> are not guaranteed the long sleeve size ordered**

**Check-In/Registration: Closes at 3:45pm sharp, runner's report to start line in Irvine Park.**

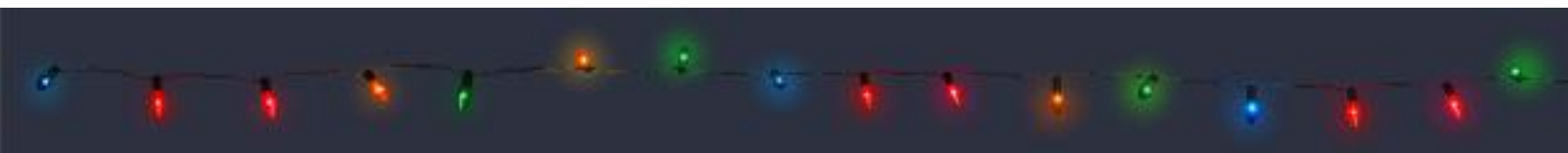
## RACE GUIDELINES

### General Guidelines:

- 1 Mile Walk/5K walkers please start behind the 5K runner's near the back.
- Leashed Pets are allowed on the course, so long as they do not interfere with participants running the 5k race. **Participants with pets will start behind 5k runners. All pets must be cleaned up after.**
- No rollerblades or bicycles are allowed on the course.
- Strollers, wagons, or other ways to carry small children are allowed on the 1 mile course, so long as they do not interfere with participants running the 5k race. Please stay to the side for 5K runners.

### Special Notes for the 5K Course:

- All participants running or walking the 5k course must have a visible race bib number when crossing the finish line. The 5k course is timed and non-numbered runners are prohibited.
- On City Streets, please keep to the RIGHT. If possible, please run on the sidewalks and follow signs.
- The route on Erma-Tinger Drive in Irvine Park will be darker. If you are walking, please use caution along this portion of the course.
- There may be spots of ice/snow so please use caution throughout the course and notify a route volunteer if you need assistance, first aid, or there is an emergency.



# 5K RACE ROUTE

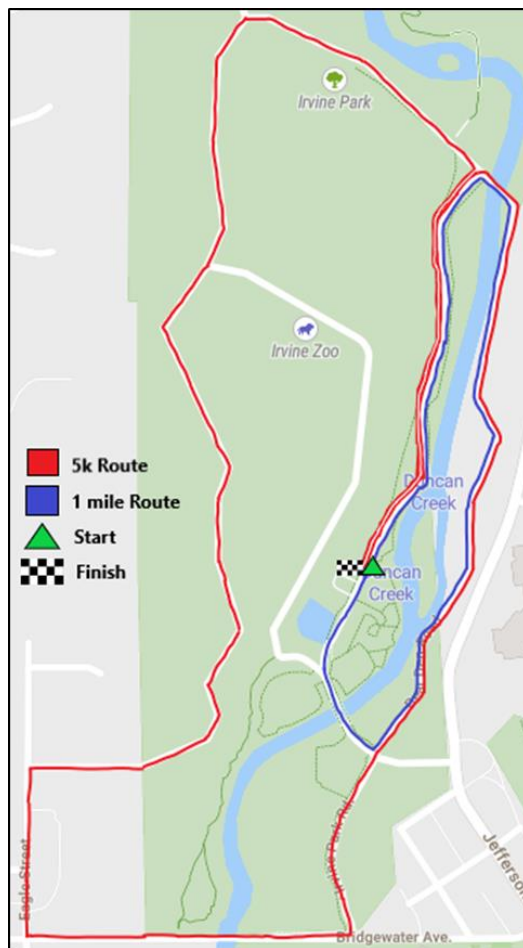
## ROUTE



### Turn by Turn Directions

<b>START</b>	Start at Welcome Center, head northeast toward Bear Den Rd.
<b>0.3 mi</b>	Turn right onto Bear Den Rd. and cross bridge
<b>0.4 mi</b>	Head southwest on Bear Den Rd toward Irvine Park Dr.
<b>0.9 mi</b>	Continue straight toward Bridgewater Ave.
<b>1.3 mi</b>	Turn right down Bridgewater Ave
<b>1.5 mi</b>	Turn right onto Eagle St
<b>1.6 mi</b>	Turn right onto Rutledge St and enter into Flaghill area/Erma-Tinger Dr
<b>2.5 mi</b>	Continue down Erma-Tinger Dr
<b>2.7 mi</b>	Turn right onto Bear Den Rd. again
<b>2.8 mi</b>	Turn right into Irvine Park
<b>3 mi</b>	Continue down Irvine Park Dr
<b>3.1 mi</b>	<b>FINISH</b> across line where we started by Welcome Center

# 1 MILE ROUTE



## Turn by Turn Directions

<b>Start</b>	Start at Welcome Center, head northeast toward Bear Den Rd.
<b>0.3 mi</b>	Turn right onto Bear Den Rd. and cross bridge
<b>0.4 mi</b>	Head southwest on Bear Den Rd. toward Irvine Park Dr.
<b>1 mi</b>	Turn right onto Irvine Park Dr. and <b>FINISH</b> by Welcome Center