# Chippewa Falls Parks & Rec

# 1<sup>st</sup>/2<sup>nd</sup> Grade Basketball Rules

### **Game-Play**

- We are introducing these players to the game of basketball, so it's important to keep things light. However, starting to build good habits, technique, and simple playing instruction will help the kids' development physically and socially by getting them use to basketball terminology and concepts. CFPR basketball games will be played on 2 simultaneous courts at Stillson Elementary 9:00AM and 10:15AM.
- 3v3, (5) 5-minute periods, 2 timeouts per game, Ball Size: Junior 27.5, Free Throw Line: 9 feet, Hoop Height: 8ft 6in
- NO score is kept, games are more scrimmage style for learning purposes
- NO jewelry, gum, or hard hair accessories
- Coaches, practice legal substitutions on dead balls (Ball is out of bounds, foul/violation call, end
  of quarter) refs will whistle to stop play so they can get use to this practice
  - There will be a warning issued for illegal substitutions, a penalty will be issued if it happens again

## **Key Rules/Concepts**

- NO stealing off of the dribble, "Teaching defense on the ball at this level is neither applicable
  nor recommended. Focus should be on the footwork and body control." USA Youth Basketball
  Development
  - "Defensive player guarding the ball should not reach for the ball and maintain an arm's length distance." USA Youth Basketball Development
- 5 Second Call- If a player holds the ball or dribbles for 5 Seconds in one spot; refs will have the authority to give the ball to the other team and explain the rule. This rule will help with passing/teamwork and will continue to improve throughout the season as kids get used to it
- Once the ball crosses half-court players must stay with their match-up. No double teams.
   Switching, sliding through, and providing help defense on a shot/drive to the rim are acceptable
- When double teams or reaching occurs refs will blow their whistle to stop play. Coaches/Refs can then explain the rule to both teams and then take the ball out of bounds from there

#### Other

- Officials will be game managers and keep the game going to the best of their ability. Respect
  officiating in all situations, respect the call and think of the time they are spending helping out
  the youth. The main objective for coaches, refs, players, and parents should be FUN!
- Jerseys provided should be worn on all dates (1/21-2/25)
- If you have any questions or concerns with the rules for 2023 Youth Basketball please contact Recreation Supervisor- Jack Haye at <a href="mailto:jhaye@chippewafalls-wi.gov">jhaye@chippewafalls-wi.gov</a> or by phone (715)726-2773